

Emergency Contraception

Plan B One-Step

1.5mg tablet for oral use

Indications and Usage:

Plan B One-Step is a progestin-only emergency contraceptive indicated for prevention of pregnancy following unprotected intercourse or a known or suspected contraceptive failure. Plan B One-Step is available only by prescription for women younger than age 17 years, and available over the counter for women ages 17 or older. Plan B One-Step is not intended for routine use as a contraceptive.

Dosage and Administration:

One tablet taken orally *as soon as possible within 72 hours* after unprotected intercourse. Efficacy is better if the tablet is taken as soon as possible after unprotected intercourse.

- If vomiting occurs within two hours of taking the tablet, consideration should be given to repeating the dose.

Contraindications:

Known or suspected pregnancy

Warnings and Precautions:

- Ectopic pregnancy: women who become pregnant or complain of lower abdominal pain after taking Plan B One-Step should be evaluated for ectopic pregnancy.
- Plan B One-Step is not effective in terminating an existing pregnancy
- Effect on menses: Plan B One-Step may alter the next expected menses. If menses is delayed beyond 1 week, pregnancy should be considered.
- STI/HIV: Plan B One-Step does not protect against STI/HIV
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Drug Interactions:

- Drugs or herbal products that induce enzymes, including CYP3A4, that metabolize progestins may decrease the plasma concentrations of progestins, and may decrease the effectiveness of progestin-only pills. Some drugs or herbal products that may decrease the effectiveness of progestin-only pills include:
 - Barbiturates
 - Bosentan
 - Carbamazepine
 - Felbamate
 - Griseofulvin
 - Oxycabazepine
 - Phenytoin
 - Rifampin
 - St. John's wort
 - Topiramate

Pediatric Use:

Safety and efficacy of progestin-only pills for long-term contraception have been established in women of reproductive age. Safety and efficacy are expected to be the same for postpubertal adolescents less than 17 years and for users 17 years and older. Use of Plan B One-Step emergency contraception before menarche is not indicated.

PATIENT COUNSELING INFORMATION:

- Take Plan B One-Step as soon as possible and not more than 72 hours after unprotected intercourse or a known or suspected contraceptive failure.
- If you vomit within two hours of taking the tablet, immediately contact your healthcare provider to discuss whether to take another tablet
- Seek medical attention if you experience severe lower abdominal pain 3-5 weeks after taking Plan B One-Step, in order to be evaluated for an ectopic pregnancy.
- After taking Plan B One-Step, consider the possibility of pregnancy if your period is delayed more than one week beyond the date you expected your period.
- Do not use Plan B One-Step as routine contraception.
- Plan B One-Step is not effective in terminating an existing pregnancy.

- Plan B One-Step does not protect against HIV-infection (AIDS) and other sexually transmitted diseases/infections.
- For women younger than age 17 years, Plan B One-Step is available only by prescription.

Reference: www.PlanBOneStep.com